

Labette County High School
601 High School St.
Altamont, KS 67330
620-784-5321

Dear Parents,

Your athlete has expressed an interest in becoming a member of the Labette County High School Dance Team for the 2024-2025 school year. If selected there are certain personal/financial responsibilities and obligations that your athlete must assume in order to qualify and remain a member in good standing.

Your athlete has been given a copy of the Labette County High School Dance tryout procedures. Please read these carefully with your child before signing the permission slip.

Dancing can be time-consuming and expensive. The dancers and their parents must pay for shoes, t-shirts, and tennis shoes. This must be paid before orders are even placed. Attending summer day camps are required. Part or all of these expenses can be paid by fundraising projects. The rest will be the responsibility of the dancer and their parents. We will do as much as a group to raise the money to help pay for everything.

Being selected as a dancer should be an honor for your athlete. Dancers receive many valuable and rewarding educational experiences from dancing that will benefit them long after they graduate from high school. These activities will not only channel their enthusiasm and spirit in a constructive and beneficial manner, but will also give them a sense of pride and accomplishment.

If you have any questions about the requirements and/or tryout procedures, please feel free to contact me.

Thank you for your cooperation,

Sincerely,
Juliana Moffatt
Dance Coach
(417) 847-7234
jmoffatt@usd506.org

DANCE TRYOUTS PRACTICES

The practices will be held in the high school gymnasium and are scheduled as follows:

Wednesday May 1st 6:00-7:30 Practice

Thursday May 2nd 6:00-7:30 Practice

Saturday May 4th Try-outs will begin at 9:00 am

TRYOUT REQUIREMENTS

Realizing that this may be a new experience for you, I would like to take this opportunity to explain what will be required for tryouts.

1. Know and perform one individual dance.
2. Know and perform a group sideline.
3. Perform skills and techniques (pirouettes, leaps, calypso, and kicks)
4. Returned signed dance contract and parent permission slip and all other paperwork by May 3rd (day of tryouts). Must be returned before you can try out.
5. Attend one official practice.
6. Tryouts will be CLOSED, no one will be allowed in the gym except the judges, the dancers, and the coach.
7. Skills will be performed throughout practices. A practice evaluation will be conducted. It will include participation, attitude towards authority and others, learning ability, punctuality, flexibility, work ethic, dedication, strength, skills, dependability and ability to accept criticism, etc.
8. Ballots will be tabulated and the new team members will be announced as soon as they can.
9. Wear black shorts or fitted pants, and fitted shirt or t-shirt. Grizzly gear suggested.

Examples of expenses that will be incurred during dance.

Summer Camp \$50-100 per dancer

Black Dance Shoes \$20-30

Black Leggings \$20-40

Black Under Armor Tennis Shoes \$40

Black Tank Top and Bodysuit \$20-30

The dance team will fundraise as much as possible in hopes of offsetting the majority of these fees, however, there is no guarantee of much funds will be raised before deadlines. As the coach, I will do my best to work with each family on making arrangements for payments towards any outstanding balances.

LABETTE COUNTY DANCE TEAM CONSTITUTION

PURPOSE

1. Dance team members are student leaders who exemplify and promote school spirit, pride and sportsmanship.
2. They enhance a positive school climate by exhibiting leadership skills, such as respect for individual differences, build consensus among team members, academic excellence and modeling appropriate behavior at all times in and out of school.
3. Members demonstrate high moral standards for other students and respect for the school, other team members and the coach.

CONDUCT AND RESPONSIBILITY

1. Dancers are expected to be mentally/physically fit, flexible and skilled in the field of dance.
2. Must be able to take constructive criticism in order to help you attain a high performance level.
3. Must be a positive leader, set good examples, display positive attitude and work to develop a high sense of pride at all times.
4. Must have good grooming habits (representing the school).
5. Dancers are expected to support all activities and projects.
6. Must be courteous, friendly, and exhibit a good attitude and demeanor at all times.

*Negative remarks will not be tolerated. If there is a project, discuss with the coach immediately so it can be resolved. Any bullying will conclude in dismissal from the team.

MEMBERSHIP AND TRYOUTS

1. There will be one team for Football and one team for Basketball. You can be on both.
2. Membership on the teams will consist of those scoring the highest overall points on the tryout process.
3. The dance teams will be selected in April the following school year.
4. Judges will be invited area colleges and professionals.
5. Eligibility
 - a. Dancers must meet the grade eligibility requirement as set forth in the athletic handbook in order to try out.
 - b. A signed parental permission form and tryout agreement form.
 - c. Attend a designated number of pre-tryout sessions.
 - d. Know and perform dance, sideline, and fight song.
6. Should a dancer quit, she will be considered permanently dismissed for the year and will be disqualified from participating in next year's tryouts.
7. Dancers must attend summer camp.

8. Dancers must have good standing with all account balances and equipment returned for all other sports and organizations.

APPEARANCE

1. During the game a dancer shall be peppy, well-groomed and in command of any situation that may arise.
2. Uniforms will be clean and neat.
3. Shoes will be clean and polished.
4. No excessive make-up and only well-groomed polish will be allowed.
5. No jewelry is to be worn during practice and at games.
6. A member with hickeys will be suspended from dancing until the hickey can no longer be seen.
7. Display of affection will not be tolerated while in uniform.

CONDUCT AND RESPONSIBILITY

1. A dancer shall cooperate with other team members. Courteous and friendly behavior toward each other is expected.
2. Dancers will learn to take and accept constructive criticism and be flexible for the good of the team.
3. A dancer may not eat, drink or chew gum while on the field, court or at practice. This includes time outs and between quarters. You may eat during half time or before or after the game.
4. A dancer shall not sit in the stands or leave the team until half of the game. This also includes ineligible dancers.
5. A dancer must maintain the academic requirements set forth in the athletic handbook. If a dancer falls to meet these requirements, that dancer shall be benched until the grade is brought back up. That dancer is required to sit by the dancers during ball games. This means you will present yourself as if you were participating. (No cell phones).
6. Dancers must have a complete uniform and accessories to dance in the game. If she doesn't have it she will sit beside the coach until she has it all and no cell phone during this time. (Unless taking videos or pictures for the coach).

COACHES AUTHORITY

1. The coach(es) will have the authority in all decisions concerning the dance program.
2. The coach(es) shall have the power to suspend, bench or apply conditioning from the team any dancers for the following:
 - Immoral behavior (such as drinking or smoking in uniform, etc)
 - Undesirable behavior (such as lack of knowledge of dances at a practice or game).
 - Undesirable language, gestures or actions.
 - Sloppy appearance or habits.
 - Failure to perform duties as outlined in the constitution.
 - Any act that harms the reputation of the school and/or team
 - Violation of the rules and regulations

- Not arriving at a game or practice on time.
- Any alcohol or drug use whatsoever.

ATTENDANCE

Dancers shall attend and perform at all assigned football/basketball games, camps, pep rallies, clinics and other special appearances as well as practice. If a student cannot participate in an activity involving the team. The coach must be contacted by the parent or guardian 24 hours prior to scheduled activity.

PRACTICE REQUIREMENTS

1. Dancers will wear appropriate attire to each practice.
2. Dancers will wear tank tops, athletic shorts, spandex and dance shoes. (No baggy clothing or jeans.
3. Dancers will wear hair pulled up in ponytail, bun, secured out of the face.
4. If an athlete has more than 5 unexcused absences, the athlete will be removed from the team. An unexcused absence consists of the parent and athlete not contacting the coach.
5. Athletes must attend practice the day before a game in order to perform at the game.
6. Coach reserves the right to change practice times to morning at any time or call for additional practices during the week.

Fundraising

All dancers will be required to raise funds for their team. The more a dancer raises, the less out of pocket money the parents have to pay.

LETTERING POLICY

1. Athletes cannot be ineligible as set forth in the student handbook more than 3 times during the entire season.
2. Dancers cannot miss more than 2 games and 2 practices with an unexcused absence.
3. Dancers must return the uniform
4. Lettering eligibility is for full time athletes.
5. Lettering is at the coaches' discretion.

SUMMER PRACTICES

SUMMER PRACTICE SCHEDULE, CAMPS, AND FUNDRAISERS TBA

DANCER DEMERIT SYSTEM

TBA